



WHEN ONE PERSON IS ADDICTED TO GAMBLING, THE WHOLE FAMILY SUFFERS.

HELP IS AVAILABLE



DO YOU HAVE A GAMBLING PROBLEM?

Have you ever borrowed money from family members and close friends to relieve a financial problem resulting from gambling?



Have you lost or jeopardized important relationships with your spouse, significant other or parents due to gambling?



Have you neglected family, school or work responsibilities because of gambling?



Do you use gambling as a way to escape problems or relieve sad feelings?



Are you unable to stop playing, regardless of whether you're winning or losing?



Are you betting more than you intended?



Do you feel restless or irritable when attempting to cut down or stop gambling?



WHAT'S YOUR SCORE?

If you answered "yes" to one or more of the questions above, you may be in trouble with gambling. Be honest with yourself. It takes courage to face that you may be addicted to gambling.

WHAT IS COMPULSIVE GAMBLING?

For most people, gambling is an enjoyable activity. But for some, it is not. It is an addiction that destroys them personally, professionally and financially. Compulsive gambling can jeopardize your job and devastate relationships with your friends, acquaintances and, most importantly, your family.

DO YOU NEED HELP?

Only you know if you are a compulsive gambler. If so, you are not morally weak. You have an illness that can be treated. Counseling and support are available for compulsive gamblers and their family members.

If you or someone you know is addicted to gambling, you are not alone. You can get help now - for yourself and for your loved ones.

For more information, please call:

1.888.968.7888

[SF Bay Area Only]

1.800.GAMBLER

[All Others]

All calls are confidential.



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